

**SUMMARY OF MATERIAL MODIFICATIONS  
AND  
NOTICE TO PARTICIPANTS**

**NEW YORK STATE TEAMSTERS COUNCIL  
HEALTH & HOSPITAL FUND**

**(Plan No.: 501; I.D. No.: 15-0551885)**

April 18, 2011

Dear Participant:

This letter contains important information regarding a change adopted by the Board of Trustees of the New York State Teamsters Council Health and Hospital Fund (the “Fund”) effective **June 1, 2011**. You should keep this letter with your copy of the Summary Plan Description for the Fund.

Based on the positive performance of the Health & Hospital Fund the Board of Trustees is pleased to announce that the following designated preventive services will be provided to the membership without cost sharing (no co-payments will be required). The Board is approving these services to be covered three years before the requirements established in health care reform.

**FOR ADULTS**

- Abdominal Aortic Aneurysm Screening in men aged 65 – 75
- Adult Immunizations
- Alcohol Misuse Screening & Behavioral Counseling Interventions
- Aspirin for the prevention of cardiovascular disease
- Bone Density (Osteoporosis) for women
- Breast and Ovarian Cancer Susceptibility & Genetic Risk Assessment and BRCA Mutation Testing
- Breast Cancer Screening
- Cervical Cancer Screening
- Chlamydia Screening for women and pregnant women
- Colorectal Cancer Screening – Colonoscopy, Sigmoidoscopy, Laboratory & Pathology
- Depression Screening for adults
- Diabetes screening in adults
- Diet, Behavioral Counseling in Primary Care to promote a healthy diet – Dietician & Physician
- Gonorrhea & Screening for women and pregnant women
- High Blood Pressure screening
- HIV Screening
- Lipid Screening

- Obesity Screening
- Sexually Transmitted Infections, counseling for at risk populations
- Syphilis Infection Screening in at risk populations
- Tobacco Use and Tobacco-Caused Disease, Counseling

#### **FOR PREGNANT WOMEN**

- Asymptomatic Bacteriuria Screening (UTI) in pregnant women
- RH (D) Incompatibility Screening in pregnant women
- Daily folic acid supplements for women capable of becoming pregnant
- Hepatitis B Virus Infection, Screening
- Breastfeeding, Primary Care Interventions to Promote
- Iron Deficiency, Anemia, Prevention – Screening for Pregnant Women
- Sexually Transmitted Infections Counseling for pregnant women
- STD Testing based on risk (other than Chlamydia, HIV) in pregnant women
- Syphilis Infection Screening in pregnant women

#### **FOR NEWBORNS/CHILDREN**

- Congenital Hypothyroidism Screening in newborns
- Dental Caries in Preschool Children, Prevention
- Major Depressive Disorder in Children and adolescents, Screening
- Gonorrhea, Prophylactic Medication for newborns
- Hearing Loss, Newborns
- Iron Supplements for at risk infants 6 – 12 months
- Phenylketonuria Screening in newborns
- Screening and interventions for childhood obesity
- Sickle Cell Disease Screening in newborns
- Tuberculosis screening for at risk children
- Visual Impairment in Children younger than age 5 years, Screening
- Well Child Visits along with immunizations.

Attached is a one page summary listing of the preventive services and any restrictions that may be attached to each benefit.

If you should have any questions you should contact the Fund Office at 315.455.9790 or 877.698.3863, Option 1 to speak to a Health Analyst.

Sincerely,

BOARD OF TRUSTEES  
 NEW YORK STATE TEAMSTERS COUNCIL  
 HEALTH & HOSPITAL FUND